

# BACPR Annual Conference 2017

*“Meeting the Challenges of Current Practice”*

Hilton London Paddington, 5th & 6th October 2017



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**THURSDAY 5th OCTOBER 2017**

**Registration opens from 9.00am**

**Session 1: Keynote Session Chairs: Dr Joe Mills, Sally Hinton**

10:00-10:05	<b>Opening / Housekeeping</b>	<b>Dr Aynsley Cowie</b> <i>BACPR Scientific Officer</i>
10:05-10:20	<b>Welcome</b>	<b>Dr Joe Mills &amp; Dr Scott Murray</b> <i>Outgoing &amp; Incoming BACPR Presidents</i>
10:20-10:40	<b>Achieving the WHO Target of "25 by 25" for Prevention of Cardiovascular Disease</b>	<b>Prof David Wood</b> <i>WHF President Elect; Professor of Cardiovascular Medicine, Imperial College London</i> 
10:40-11:10	<b>Pills or Policies for Prevention?</b>	<b>Prof Simon Capewell</b> <i>Professor of Clinical Epidemiology, University of Liverpool</i>
11:10-11:40	<b>Choosing Wisely</b>	<b>Dr Aseem Malhotra</b> <i>Consultant Cardiologist, Frimley Health Foundation NHS Trust</i>
11:40-12:20	<b>Clinical Research: Blood Pressure and Exercise</b>	<b>Prof Paul Leeson</b> <i>BCS Cardiovascular Prevention Clinical Study Group Chair; Professor of Cardiovascular Medicine, University of Oxford</i>
12:20-13:30	<b>Lunch and Networking, Stands and Posters</b>	
12:45-13:15	<b>Sponsored Symposium</b>	

**Session 2: Chairs: Dr Hayes Dalal, Dr Aynsley Cowie**

13:30-14:00	<b>The Role of the Pharmacist in CVD Care</b>	<b>Helen Williams</b> <i>Consultant Pharmacist for Cardiovascular Disease Health Innovation Network, South London</i>
14:00-14:30	<b>Falls and Heart Failure</b>	<b>Dr Andrew Davies</b> <i>Consultant in Elderly Medicine, City Hospitals Sunderland</i>
14:30-15:00	<b>Current Management Strategies for Heart Failure</b>	<b>Prof Andrew Clark</b> <i>BSH Immediate Past Chair; Chair in Clinical Cardiology; Hull York Medical School</i> 
15:00-16:00	<b>Healthy Break, Stands and Posters</b>	
15:00-16:00	<b>NACR Workshop – Practicalities of Meeting the Certification Standard</b> 	
15:00-15:30	<b>Moderated Posters</b>	

**Session 3: Chairs: Louise Jopling, Jo Hayward**

16:00-16:30	<b>NACR Findings 2017 and 'An Analysis on the Mode of Delivery in Cardiac Rehabilitation'</b>	<b>Prof Patrick Doherty</b> <i>Director of NACR; Chair of Cardiovascular Health, The University of York</i> 
16.30-16.50	<b>SIGN Guideline for Cardiac Rehabilitation</b>	<b>Dr Iain Todd</b> <i>Cardiac Rehabilitation SIGN Guideline Chair; Consultant in Rehabilitation Medicine, NHS Lothian</i> 

**Session 4: Chairs: Dr Scott Murray, Sarah Quinlan**

16:50-17:10	<b>The Use of Mindfulness in Chronic Disease Prevention and Rehabilitation</b>	<b>Dr Elizabeth Sparkes</b> <i>Senior Lecturer, Coventry University</i> <b>Laura Allen</b> <i>PhD Student, Coventry University</i>
17:10-17:30	<b>An Alternative Viewpoint - A Biomedical Approach to Tackling CVD Prevention</b>	<b>Ivor Cummins</b> <i>Chemical Engineer, 'The Fat Emperor'</i>

17.30-18.00	<b>BACPR AGM</b>	
<b>THURSDAY 5th OCTOBER EVENING EVENTS [Ballroom]</b>		
19:30-20:00	Drinks Reception	
20:00-22:00	Gala Dinner and Prize Giving	
22:00-	Disco	
<b>FRIDAY 6th OCTOBER 2017</b>		
7:00	Walk / Run	
From 8:30	Registration ( <i>day delegates only</i> )	
9:45-10:15	<b>Session 5: Nursing / Psychology</b> <b>Chair: Dr Carolyn Deighan, Bernie Downey</b>	<b>Session 6: EPG / Dietetics</b> <b>Chair: Laura Burgess, Vicky Hatch</b>
	9:00-9.40 <b>Prof Rod Taylor</b> <i>Professor of Health Services Research University of Exeter</i> <b>Early Results from REACH-HF-pEF</b>	9:00-9:12 <b>Amy Jones</b> An Evaluation of the UK National Audit of Cardiac Rehabilitation (NACR) (2013-2017) for Adults with Heart Failure
	9.40-10.15 <b>Dr Angela Busuttill</b> <i>Consultant Clinical Psychologist Sussex Partnership NHS Foundation Trust</i> <b>Developing Psychology Skills in Practitioners / IAPT</b>	9:12-9:24 <b>Miriam Noonan</b> The Experiences of Informal Caregivers of Adults Living with Heart Failure, COPD and Coronary Artery Disease
		9:24-9:36 <b>Sheona McHale</b> Understand the Lived Experience of How Individuals Diagnosed with CHD Feel they Obtain Emotional Support Post Percutaneous Coronary Intervention (PCI)
		9:36-9:48 <b>Grace Dibben</b> Does Cardiac Rehabilitation Impact Physical Activity Levels of Heart Disease Patients? Systematic Review and Meta-analysis
		9:48-10:00 <b>Nikki Gardiner</b> Comparing Hospital, Community and Web-based Cardiac Rehabilitation Programmes: Is There a Difference in Exercise and Quality of Life Outcomes?
		10:00-10:12 <b>Ahmad Salman</b> Determinants of Stopping Smoking in Cardiac Rehabilitation
10.15-10.45	<b>Healthy Break, Stands and Posters</b>	
<b>Session 7: Chairs: Brian Begg, Annie Holden</b>		
10.45-10.50	<b>Award for Best Oral Abstract</b>	<b>Dr Joe Mills</b> <i>BACPR Past President</i>
10.50-11.00	<b>BCS – Current Work and Future Directions</b>	<b>Rachael O'Flynn</b> <i>Chief Executive, BCS</i> 
11.00-11.30	<b>Higher Resolution Insights into Acute Myocardial Infarction Care and Outcomes</b>	<b>Prof Chris Gale</b> <i>Professor of Cardiovascular Medicine &amp; Honorary Consultant Cardiologist, University of Leeds</i>
11:30-12:00	<b>Transformation of NSTEMI Care at the Golden Jubilee National Hospital</b>	<b>Dr Mitchell Lindsay</b> <i>Consultant Cardiologist, Golden Jubilee National Hospital</i>

12:00-12:20	<b>An Update from the BHF</b>	<b>Dr Mike Knapton</b> <i>Associate Medical Director, BHF</i>	
12.20-13.30 12:45-13:15	<b>Lunch and Networking, Stands and Posters Sponsored Symposium / Workshop</b>		
<b>Session 8: Chairs: Alison Iliff, Katherine Paterson</b>			
13:30-14:00	<b>Revolutionising Diabetes Care using Hope and a Low Carb Approach</b>	<b>Dr David Unwin</b> <i>General Practitioner, Norwood Surgery Southport. 2016 Winner of NHS Innovator of the year Award</i>	
14:00-14:30	<b>NACR in Practice: “What does a certified site look like?”</b>	 <b>Sophie McIntosh</b> <i>Cardiac Rehabilitation Specialist, Countess of Chester Hospital NHS Foundation Trust</i> <b>Elaine Allen</b> <i>Cardiac Specialist Nurse, Frimley Health NHS Foundation Trust</i>	
14:30-15:00	<b>Sex and the Heart</b>	<b>Prof Mike Kirby</b> <i>Visiting Professor to the Faculty of Health &amp; Human Sciences, University of Hertfordshire &amp; the Prostate Centre; Editor-in-chief, Primary Care Cardiovascular Journal</i>	
15:00-15:30	<b>Vaping and E-cigarettes</b>	<b>Martin Dockrell</b> <i>Tobacco Control Programme Lead Public Health England</i>	
15.30-15.45	<b>Closing Remarks and Evaluation</b>	<b>Dr Joe Mills, Dr Scott Murray, Dr Aynsley Cowie</b>	

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