



# IRISH ASSOCIATION OF CARDIAC REHABILITATION

## Annual Scientific Conference & AGM

Saturday 17<sup>th</sup> October 2009

<b>08.30-09.00</b>	Registration
<b>09.00-09.15</b>	<b><i>Welcome and Opening Address</i></b> Ms. Sophie Charles - President IACR
<b>09.15-09.45</b>	<b><i>Weight Management – What’s new?</i></b> Professor Donal O’ Shea – St. Columcilles Hospital, Loughlinstown, Co. Dublin
<b>09.45-10.15</b>	<b><i>Facilitating Health Behaviour Change</i></b> Ms. Dymphna Pearson – Leicester, UK.
<b>10.15-11.10</b>	<b>COFFEE AND POSTERS (IACR AGM 10.30am)</b>
<b>11.10-11.40</b>	<b><i>Myocardial Infarction with “Normal” Coronary Arteries</i></b> Dr. Charles Mc Creery – St. Columcilles Hospital, Loughlinstown, Co. Dublin
<b>11.40-12.10</b>	<b><i>Sudden Cardiac Death/CVD in the young</i></b> Dr. Joe Galvin – James Connolly Memorial Hospital, Blanchardstown, Co. Dublin
<b>12.10-12.30</b>	<b>Oral Abstract Presentations x 2</b>
<b>12.30-12.50</b>	<b><i>The Heart Manual –The UK experience</i></b> Ms. Wendy Armitage – Astley Ainslie Hospital, Edinburgh.
<b>12.50-13.10</b>	<b><i>Return to Work Issues in Cardiac Rehab</i></b> Ms. Wendy Yell – Midlands Regional Hospital, Tullamore, Co Offaly.
<b>13.10-13.30</b>	<b><i>Cardiac Rehab – A Patients Perspective</i></b> Mr. Regius Russell – Dublin, Ireland
<b>13.30-14.30</b>	<b>LUNCH and close of meeting</b>